



November 2026

Call us:
0161 3031636
Mon-Fri 9-5pm

W/C 26th October

Tues 27/10- Sleep Workshop ONLINE
5:30-7:00pm

Weds 28/10- Drop In 9:30-11:30am
West Family Hub, Droylsden, M43 7RA

**W/C 2nd
November**

Tues 03/11- Executive Functioning
Workshop ONLINE 5.30-6.30pm

Weds 04/11- Information stall at Tea and Talk
event. Focus around mental health and
resilience. 4.30-7.30pm North Family Hub,
Ashton, OL7 0LL

**W/C 9th
November**

Weds 11/11- Understanding Sensory Needs &
Differences Workshop, Healthy Hyde, 11.30-
1.00pm

Fri 13/11- Drop In 2.00-4.00pm
North Family Hub, Ashton, OL7 0LL

**W/C 16th
November**

Tues 17/11- Drop In 12:30-2:30pm South
Family Hub, Hyde, SK14 4SQ

Weds 18/11- Drop in 2.00-4.00pm
East Family Hub, Stalybridge, SK15 1EA

Thurs 19/11- Sleep Workshop ONLINE
5.30-7.00pm

**W/C 23rd
November**

Weds 25/11- Drop In 9:30-11:30am
West Family Hub, Droylsden, M43 7RA