

Tameside Educational Psychology Service

What we do

At Tameside Educational Psychology Service we put children and young people at the heart of our service. We support children and young people aged between 0-25 years who may be finding it difficult in their school/ educational setting.

We work closely with families, schools, settings and other professionals to understand strengths, identify needs and find ways to support positive change. Using psychology, we help children and young people to learn, develop, feel included and thrive.



What is an Educational Psychologist

Educational Psychologists are trained in learning, development and wellbeing. We work with children and young people, families, schools, settings and other services to help everyone understand strengths, overcome barriers and work towards positive change.

We can support with:



**Cognition
and learning**



**Communication
and interaction**



**Social, emotional
and mental health**



**Sensory and
physical needs**



The five core functions below describe the main ways Educational Psychologists work.



Consultation: we work closely with families, schools, settings and other professionals to understand strengths, identify needs and find ways to support positive outcomes. Using psychology, we help children and young people to learn, develop, feel included and thrive.

This might look like: joint meetings, problem-solving discussions, or planning support around a child or young person's needs.

Assessment: we gather information to develop a fuller understanding of a child or young person's strengths, needs and experiences. This helps us make recommendations that are tailored to the individual.

This might look like: talking with a child or young person, observations in school, reviewing information, or using psychology-based assessment activities.

Intervention: we support positive change by helping others put effective strategies and approaches into practice. Our work is guided by psychological research and evidence.

This might look like: supporting emotional wellbeing, developing learning strategies, improving inclusion, or helping schools evaluate the impact of support.

Training: we share psychological knowledge and practical tools with schools, families and other professionals to build confidence and skills.

This might look like: workshops, staff training, or staff supervision, around specific areas of need such as neurodiversity, wellbeing or inclusion.

Research: we use research and evidence to inform our work and improve outcomes for children and young people. We also help schools and services understand what is working well and where improvements can be made.

This might look like: evaluating interventions, gathering feedback, supporting service development, or applying research to real-life practice.

How we work with children and young people

Educational Psychologists typically meet with a child or young person following a meeting with their parents/carers and educational staff. The child or young person is welcome to come and contribute to this initial meeting if they would like. Following this meeting, Educational Psychologists may:

- watch the child/young person in lessons and break times
- ask them about what they like/don't like, and if they feel like they need any help
- do some checklists or other types of assessment
- look at their school work
- support them in an individual or group intervention
- support them to take part in further meetings

It is important that children/young people are aware that they don't have to meet with or do any work with an Educational Psychologist if they don't want to. They will only do as much as they want to.

How to access the service

We receive referrals either through Tameside settings/schools/services, or if an assessment is agreed following a request for an Education, Health Care Plan.

We do not accept referrals directly from children and young people or parents and carers.

School Referral

When a school gets in touch with us, we work with school staff, families and the child or young person to understand needs, set goals and plan support.

EHC Needs Assessment

As part of an Education, Health and Care (EHC) needs assessment, we gather information about a child or young person's strengths and needs and provide advice to help inform decisions about support.

We use psychology in a range of ways to support children and young people, families, schools and other services.



Give your views of our service

It is really important that the Educational Psychology Service gains feedback from parents/carers, children/young people and anyone else that we work with. This feedback is used to develop our service so we can continually improve our practice.

The QR code will take you to a feedback form or: <https://forms.office.com/e/WZNxievXRK>



What people say about us

2025-2026 Feedback

**Friendly, helpful,
promptly available,
thorough, supportive**

**Open and honest
conversations held
in a supportive and
solution focused way**

I felt listened to

Find out more

For more information please visit our webpage:

Educational Psychology Service - Tameside Metropolitan Borough Council

or email us on: eps@tameside.gov.uk

