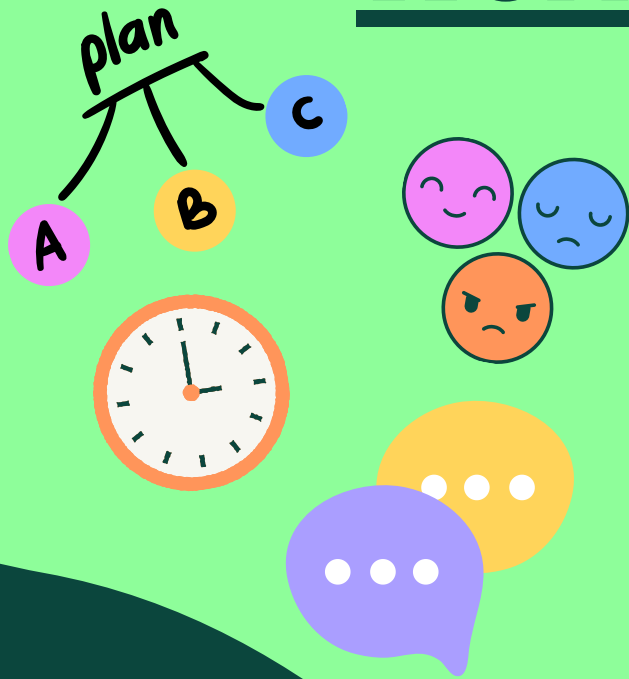


Executive Functioning

Workshop



The aim of this workshop is to provide you with a greater understanding of executive functioning and how it may impact your neurodivergent young person's daily life. We will explore practical strategies that can be used to support skills such as planning, organisation, emotional regulation, and completing daily tasks.



10.00-11.30am



Monday 17th
August 2026



Healthy Hyde Body & Mind
Clarendon Square Shopping Mall
SK14 2QT



[Click here to get a ticket or go to our padlet](#)

Tameside



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