



EVERYBODY CAN

community sessions

ACTIVE
TAMESIDE

Tameside
Metropolitan Borough



National
Autistic
Society

Autism Specialist
Award Accredited





EVERYBODY CAN

ACTIVE
TAMESIDE

disability/inclusive community sessions

Everybody Can's disability and inclusive community sessions offer family-friendly activities for those who require additional support or disability friendly activities, for anyone above the age of 5. We welcome families to come and enjoy, knowing that support and appropriate equipment is available via our qualified staff team.

MONDAY

5.00pm - 7.00pm

Cycling

 Tameside Cycle Circuit

MONDAY

5.30pm - 7.30pm

Clip'n'climb, soft play, sensory and swimming*

 Active Medlock

TUESDAY

6.00pm - 7.30pm

Swimming*

 Active Hyde

WEDNESDAY

6.00pm - 8.00pm

Multi-sports, dance and life skills

 Active Oxford Park

THURSDAY

5.00pm - 7.00pm

Cycling

 Tameside Cycle Circuit

THURSDAY

5.30pm - 7.30pm

Bowling, yoga and sensory play with Active Angels

 Tameside Wellness Centre

FRIDAY

6.40pm - 8.40pm

Dance

 Active Copley

SATURDAY

1.00pm - 3.00pm

Cycling

 Tameside Cycle Circuit

£4.16
for anyone
to attend

*Please note:

Customers accessing swim sessions on their own need to have the ability to swim 25 meters independently without the need of water aids. Session only available between 6.15pm - 7.15pm



memberships

Everybody Can Memberships include access to all community sessions, gym and swim, with off-peak times applying depending on age.

£20.50
per month

For further information, email
EverybodyCan@activetameside.com



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